



THE DON'T PANIC 5K

Education & Support For Heroes

www.dontpanicfoundation.com

In Memoriam, C. Scott Doyle

SUNDAY, NOVEMBER 20, 9AM

Downtown Silver Spring, MD

\$30 pre-register @ <http://www.runpacers.com/>
\$35 day-of registration

Packet pick-up @  :

8535 Fenton St. (301)495-7811

Course starts and ends @ Fenton and Ellsworth,
and winds through Sligo Creek

Run timed by Pacers

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HONEST



Montgomery
General Hospital
MedStar Health

MORE INFO/SEE COURSE ROUTE/REGISTER @: <http://www.runpacers.com/>